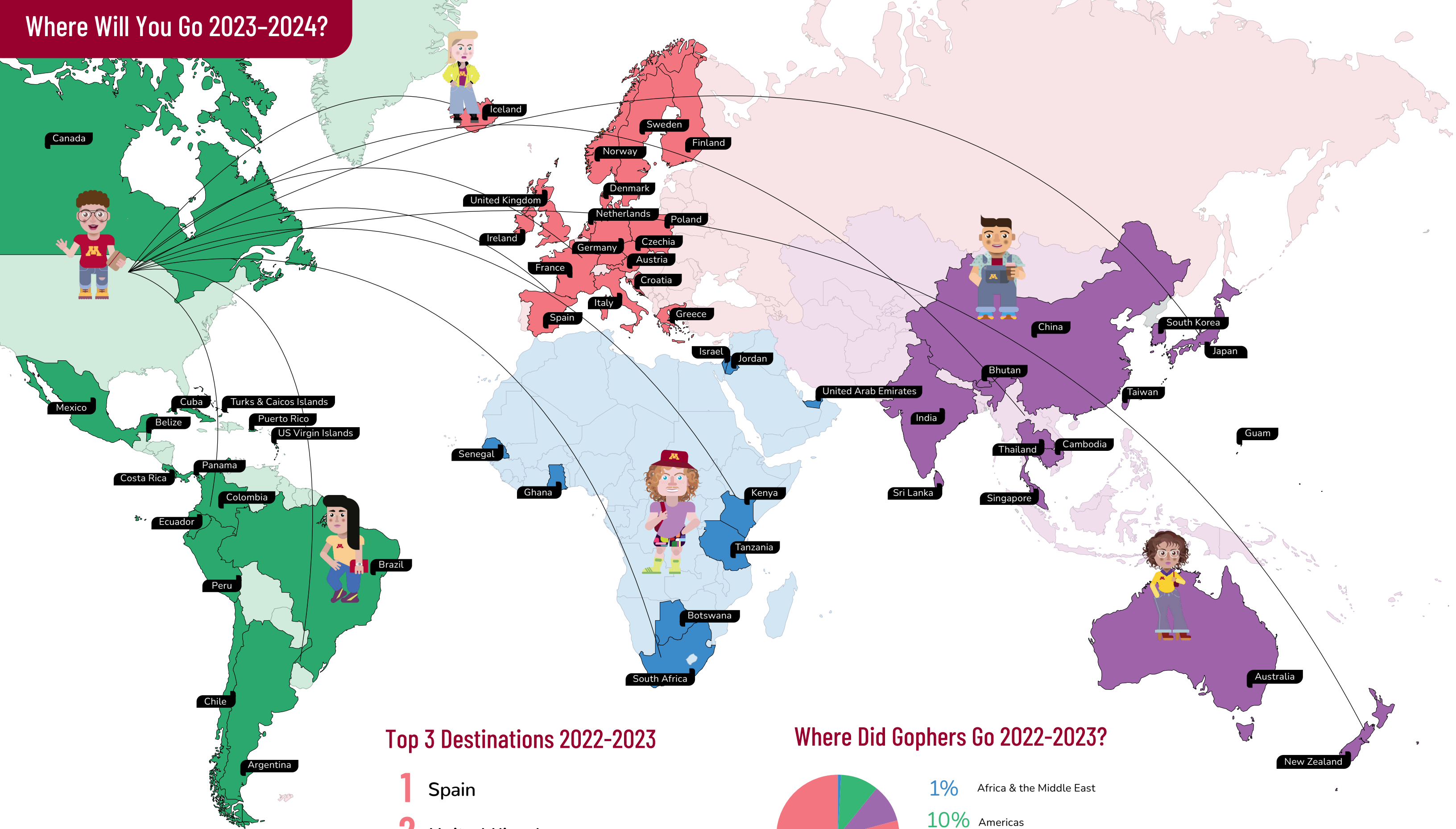


LEARNING ABROAD CENTER

UNIVERSITY OF MINNESOTA



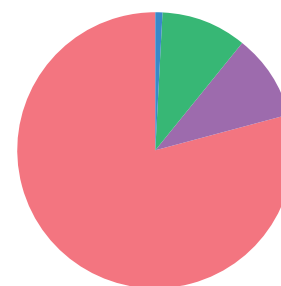
Where Will You Go 2023-2024?



Top 3 Destinations 2022-2023

- 1 Spain
- 2 United Kingdom
- 3 Italy

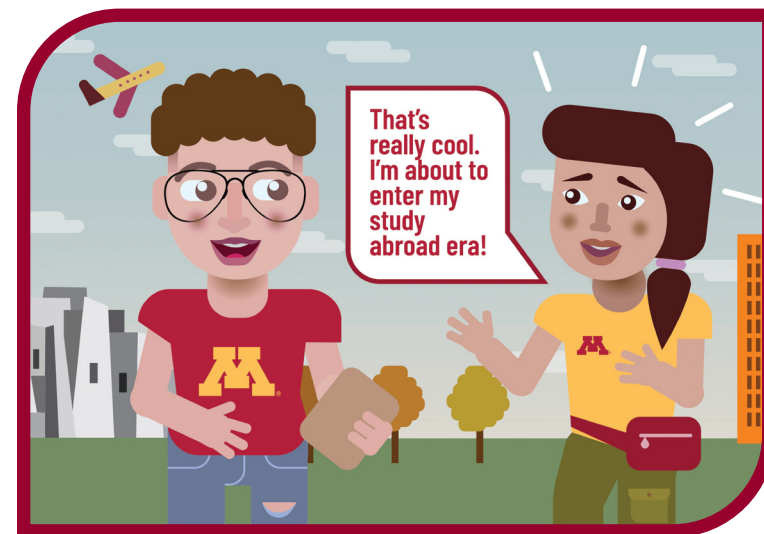
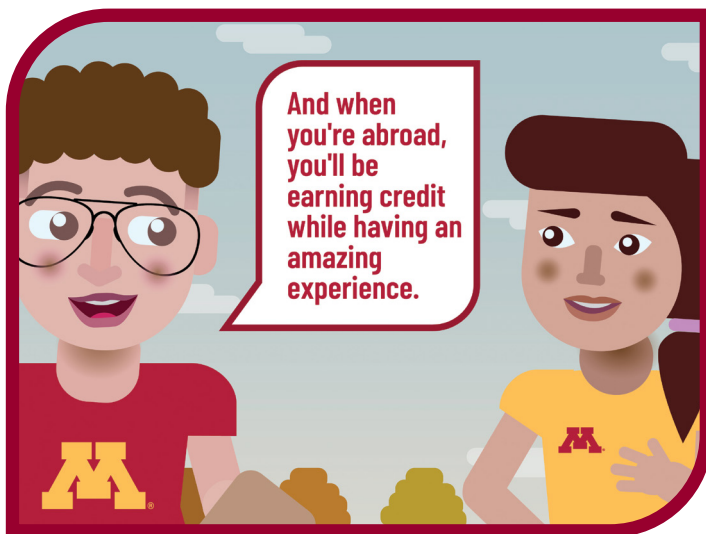
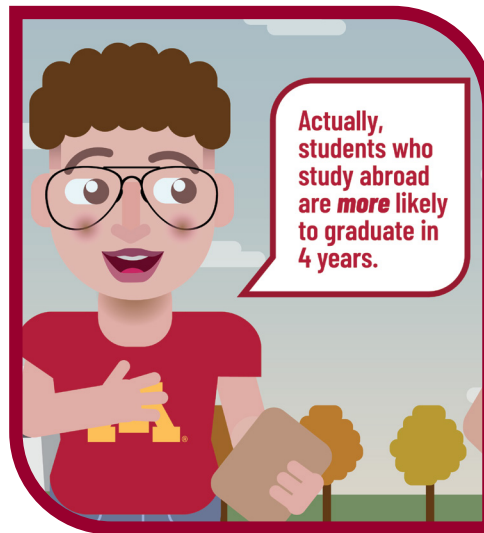
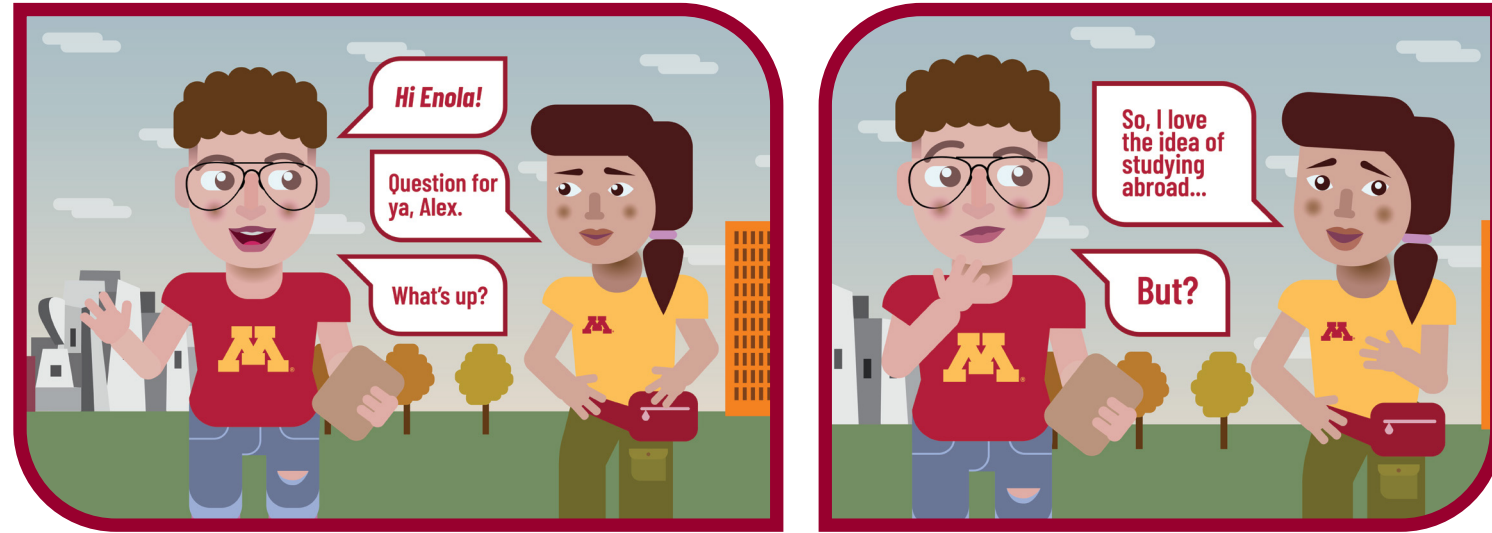
Where Did Gophers Go 2022-2023?



- 1% Africa & the Middle East
- 10% Americas
- 10% Asia & Oceania
- 79% Europe

Graduate on Time

Did you know that studying abroad **doesn't** delay graduation?



Student Experiences



Adam on Study Abroad in Mexico

"I cannot express enough how incredible and quickly the three weeks went by. Having weekend excursions to historical sites and to Mexico City with such a knowledgeable guide (who happens to run the school we attended in Cuernavaca!) was fantastic."

Junior
Chemistry major



Jessica on Study & Intern in Barcelona

"I learned that some of the beautiful experiences in life come from stepping out of my comfort zone. I was able to travel to 9 different countries and experience cultural diversity in the most authentic manner. The memories and experience will forever remain dear to my heart."

Junior
Strategic communication major

Choose Your Study Abroad Program

There is no one or best way to choose a program, but here are some aspects to consider.

STEPS TO TAKE

- 1 Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
- 2 Decide how long you want to study abroad. Programs range from ten days to a full academic year.
- 3 Search for a program. [UMabroad.umn.edu/programs](https://umabroad.umn.edu/programs)

PROGRAM MODEL

DETAILS



Study Abroad Center

Offers customized classes and internships designed for UofM students studying abroad



Instructor-Led

Led by UofM faculty or staff; includes Global Seminars, Freshman Seminars Abroad, and programs offered by UofM colleges, departments, and units



Host-University Study

Allows integration into classes with students from the host country



Experiential Learning

Features structured academics outside of the classroom, including field research or experiential assignments



Sara on University Study in the United Kingdom: Queen Mary University of London

"I'm Bengali, and most of East End [London] is Bengali, so it's been so nice to be able to walk down the street and hear Bengali. That is something I've never been able to experience in my life. Feeling like I'm almost home, away from home, is something only East London can do."

Senior
Health sciences major

Study Abroad by the Numbers



4

Average years to graduation for a UMTC student who studies abroad



180

Number of programs in 50 countries



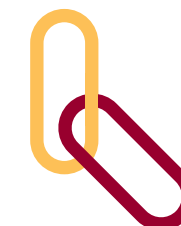
2,000+

Study abroad courses approved for UofM liberal education requirements



1,467

UofM students who went abroad in 2021-22



1,168

UofM students who met one on one with a Learning Abroad Center adviser



Clara on MSID Senegal

"The people I interacted with...became nearly family for me. They taught me so much, not only about their culture but also about life, what it means to be human, how to be a good person."

Junior
Economics and French majors

You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.

UMabroad.umn.edu/students/maps

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

CARLSON SCHOOL OF MANAGEMENT

Business

COLLEGE OF BIOLOGICAL SCIENCES

Biological Sciences Coursework Abroad

CBS Pre-Health Students

Marine Biology Minor

Research/Fieldwork Abroad

COLLEGE OF CONTINUING & PROFESSIONAL STUDIES

Construction Management

Health and Wellbeing Sciences

Health Services Management

Individualized Degree Programs

COLLEGE OF DESIGN

Apparel Design

Architecture—BDA

Architecture—BS

Graphic Design

Interior Design

Landscape Architecture

Product Design

Retail Merchandising

COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

Business and Marketing Education

Early Childhood Education Foundations

Elementary Education Foundations

Family Social Science

Human Resource Development

Kinesiology

Special Education

Sport Management

Youth Studies

COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES

Agricultural and Food Business Management

Agricultural Communications and Marketing

Agricultural Education

Animal Science

Applied Economics

Environmental Sciences, Policy, and Management

Fisheries, Wildlife, and Conservation Biology

Food Science

Food Systems

Forest and Natural Resource Management

Nutrition

Plant Science

Pre-Bioproducts and Biosystems Engineering

Sustainable Systems Management

COLLEGE OF LIBERAL ARTS

African American and African Studies

American Indian Studies

American Studies

Anthropology

Art

Art History

Asian and Middle Eastern Studies

Concentration: Chinese, Japanese, Korean, and Middle Eastern Studies

Biology, Society, and Environment

Chicano-Latino Studies

Classical and Near Eastern Religions and Cultures

Communication Studies

Computer Science

Cultural Studies and Comparative Literature and Studies in Cinema and Media Culture

Dance

Developmental Psychology

Economics

English

French

Gender, Women, and Sexuality Studies

Geography

German, Nordic, Slavic, and Dutch

Global Studies

History

Individualized Degree Programs

Italian Studies

Jewish Studies

Music

Philosophy

Political Science

Psychology

Religious Studies

Sociology General

Sociology of Law, Criminology, and Justice

Spanish and Portuguese

Speech-Language-Hearing Sciences

Statistical Practice/Science

Strategic Communication, Journalism, and Mass Communication

Technical Writing and Communication

Theatre Arts

Urban Studies

COLLEGE OF SCIENCE & ENGINEERING

Science and Engineering

SCHOOL OF NURSING

Nursing

ADVISING RESOURCES FOR SPECIFIC COHORTS

Honors Students

Leadership Minor Students

Student-Athletes

Students Exploring Majors

INSTITUTE ON THE ENVIRONMENT

Sustainability Studies Minor

PRE-PROFESSIONAL LEARNING ABROAD ADVISING RESOURCES

Medicine, Public Health, and Health Sciences

Pre-Law

THE CENTER FOR COMMUNITY-ENGAGED LEARNING

Community-Engaged Scholars Program



You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

LIBERAL EDUCATION REQUIREMENTS

Visit the U-Credit database to browse the many courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

ucredit.UMabroad.umn.edu

MAJOR/MINOR REQUIREMENTS

Work with your academic adviser before applying for a program to ensure your courses are approved for major/minor requirements.

UMabroad.umn.edu/students/maps

CREDIT-BEARING INTERNSHIPS

International internships allow you to gain professional experience in your field while earning credits. Many of our programs offer internships.

LANGUAGE REQUIREMENTS

Study abroad does not require foreign language proficiency.

However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills.

You Can Afford to Study Abroad

Study abroad can be affordable, especially when you compare program costs and consider financial aid and scholarships.

COST COMPARISONS

Program cost varies widely depending on the program type, length, and destination. But in some cases, the difference between going abroad and staying on campus for a semester is less than \$6,000. For a sample cost comparison, see the chart on page 11.

PROGRAM FEES

Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns:

UMabroad.umn.edu/students/finances

FINANCIAL AID

You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

FINANCIAL AID PREVIEW MEETING

A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

z.umn.edu/scheduleFApreview

SCHOLARSHIPS

Many scholarships are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from \$1,000 to \$4,500.

Tips to consider:

- Apply early! You can apply for study abroad scholarships before you've been admitted to a program or even applied to one.
- Look into scholarships from your college and department, as well as national awards.
- Seek out program-specific scholarships and fee reductions.



Andrew on Study & Intern in London

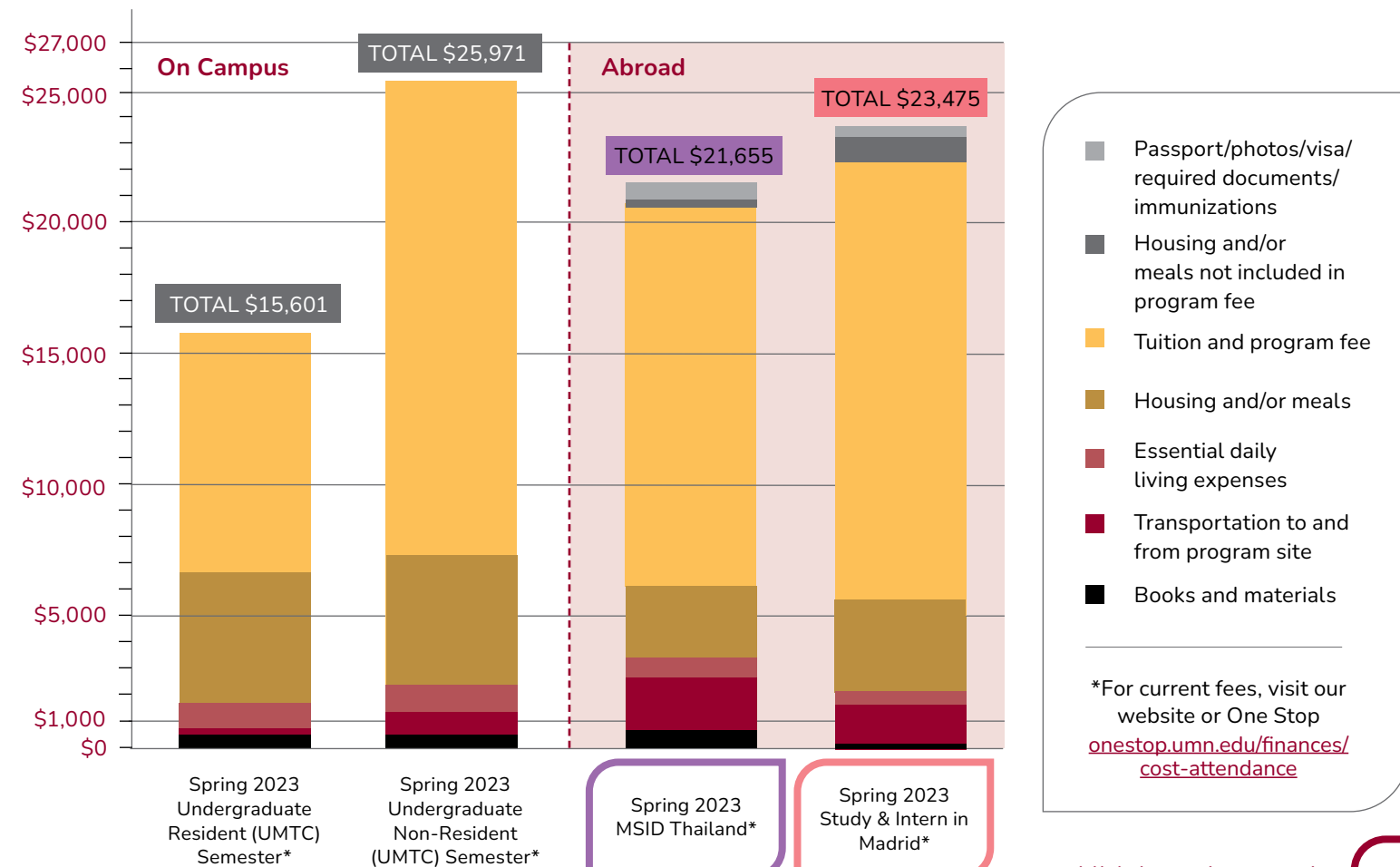
"I chose the London program because it came with an internship, and I really wanted to get that experience into my time here at the University of Minnesota. I'm a marketing and production intern at Live Canon, a nonprofit organization that does poetry publishing and live theatre production."

Sophomore
Marketing major



You Can Afford to Study Abroad

This bar chart compares the estimated costs of staying on campus to going abroad (including airfare).

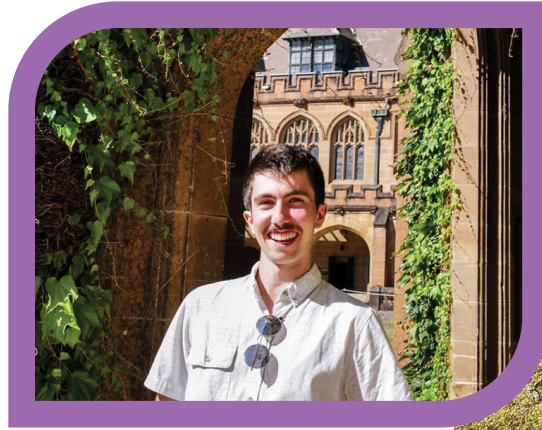


Yusra on Minnesota Studies in International Development—Thailand

"I chose to intern at Saraphi Hospital in the Thai Traditional Medicine Unit so that I could learn more about holistic healing. A typical day consists of observing 10–15 patients, learning how to perform Thai traditional massage and practicing it, and planning or leading community outreach programs."

Senior
Health sciences major

Student Experiences



Joe on University Study in Australia: University of Sydney

"Australia has opened my eyes to what a global perspective has to offer, all while providing a wonderful study abroad experience to complete my CSE degree in chemistry and CBS minor in biology! I've met lifelong friends from across the globe who have helped me discover unique experiences."

Senior
Chemistry major
Biology minor



Hope on MSID Senegal

"During the internship phase of the program, I moved to Gorée island. My Gorée host family immediately made me feel at home, giving me a Senegalese name and introducing me to everyone as their new American daughter. I truly feel like I have a family halfway around the world."

Junior
Environmental sciences, policy and management, and French studies majors



Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

PREPARE FOR YOUR CAREER

In today's globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

- Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
- Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
- Think about your academic and career goals before, during, and after your experience abroad
- Develop intercultural competencies appealing to potential employers and graduate schools

CONNECT YOUR ABROAD EXPERIENCE TO YOUR FUTURE

While you're abroad, you can take a one-credit intercultural learning course to help position yourself as a competitive member of the global workforce.

In OLPD 3332: *Global Identity: Connecting Your International Experience to Your Future*, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

UMabroad.umn.edu/students/academics/globalidentity

Build Career Skills

Studying abroad can help you develop these skills sought after by employers.



Ability to work in a team



Effective interpersonal communication



Ability to learn new ideas quickly



Intercultural fluency



Professionalism

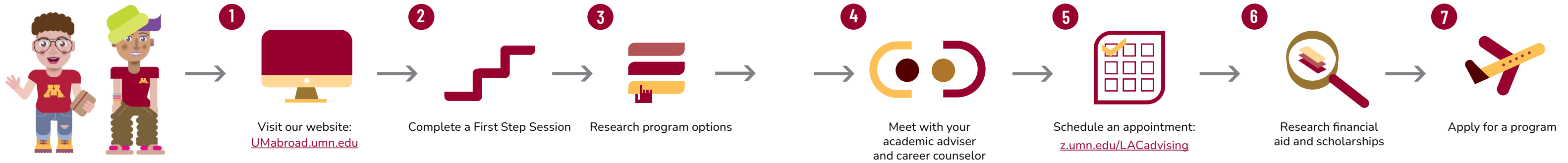


Ability to identify, define, and solve problems

Source: University of Minnesota 2020 Employer Survey



What's Next?



LEARNING ABROAD CENTER MISSION STATEMENT

The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

UOFM TITLE IX STATEMENT

As required by Title IX, the University does not discriminate on the basis of sex in any of its education programs or activities, including in admissions and employment. Direct inquiries about the application of Title IX to the University's Title IX Coordinators or to the U.S. Department of Education, Office of Civil Rights. See the University of Minnesota's Title IX Statement (eoaa.umn.edu/resources) and the University's policy (policy.umn.edu/hr/sexharassassault) for information about (1) how to contact the Title IX Coordinators on the University's campuses; (2) how to report or file a formal complaint of sexual harassment, gender-based harassment, sexual assault, stalking, or relationship violence; and (3) the University's procedures for responding to reports and formal complaints.

ABOUT THIS VIEWBOOK

The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photo was taken in Spain.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2023 for programs beginning winter break 2023–24 and later.



Learning Abroad Center

Congratulations on your curiosity in exploring the world of opportunities available to you through the Learning Abroad Center. Studying or interning abroad is an experience that can open your eyes in many ways; not only will you learn about another culture or global issue and make new friends, but you'll also learn more about yourself and your own culture.

One of the top regrets, particularly among American college graduates, is not studying abroad in college (according to *The Power of Regret: How Looking Backward Moves Us Forward*, Feb. 2022). The Learning Abroad Center's mission is to provide a multitude of outstanding program options, provide guidance in selecting the one that meets your goals, and support you through the entire experience.

We pride ourselves on providing experiences that expand the minds of students while helping them to build their intercultural competence, develop their career path, and acquire life skills. Students who have returned from abroad will tell you that it helped them develop key skills that employers seek.

We look forward to meeting you and wish you a great adventure ahead.



Sincerely,
Ann Hubbard
Assistant Dean, Learning Abroad
Learning Abroad Center

Ask an Adviser

Take the next step.

ADVISING SERVICES

- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

FIRST STEP SESSION

Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

UMabroad.umn.edu/students/advising

ADVISING AVAILABLE FOR:

- Freshmen through seniors
- International students
- LGBTQIA students
- Parents of students
- Student athletes
- Students of color
- Student veterans
- Students with disabilities
- Transfer students

LEARNING ABROAD CENTER ADVISING TEAM



Not pictured: Anna DeWitt, Tim Dohmen, Ann Hubbard, Lindsey Lehr, Kate Meyer, Vanessa Walton

Kenya



Mexico



Ecuador



Senegal



Japan

